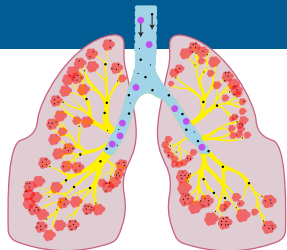


# Diesel Engine Exhaust

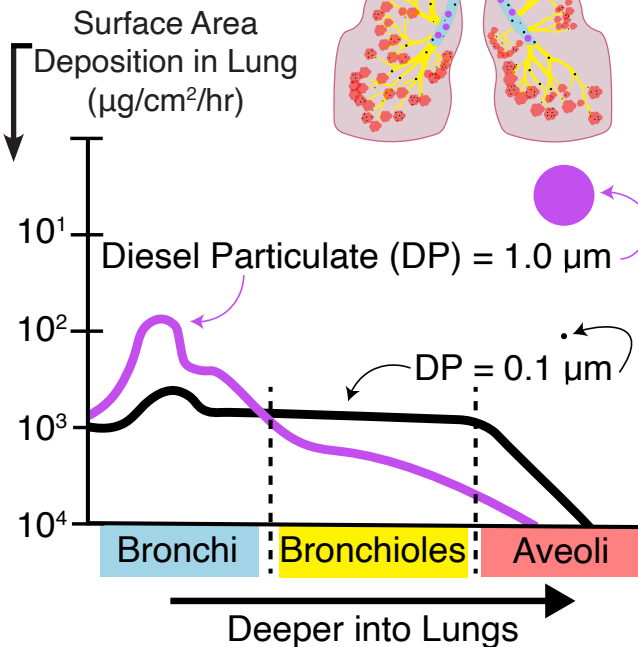
Diesel engines produce tailpipe emissions that are a mixture of gases and particles. Although the gases in diesel exhaust have harmful components, the focus of this project is on the particulates in exhaust.

Diesel particulates are made up of: soot particles, carbon, ash, polycyclic aromatic hydrocarbons (PAHs), metallic abrasion particles, sulfates, and silicates. 90% of particles are smaller than 1 µm (about the size of a virus).<sup>[1]</sup>

Inhalation is the most common way that workers are exposed to diesel particulates and very small particles can travel to the deepest parts of your lungs and cross into your body tissues.<sup>[2]</sup>



[3]



Learn more at:

[www.dieselparticulateproject.com](http://www.dieselparticulateproject.com)



Questions? Reach out to:

Sean Staddon  
 WSIB Worker Representative  
 United Steelworkers Local 6500  
 (705)675-3381 ext 229  
[pac@uswsudbury.ca](mailto:pac@uswsudbury.ca)

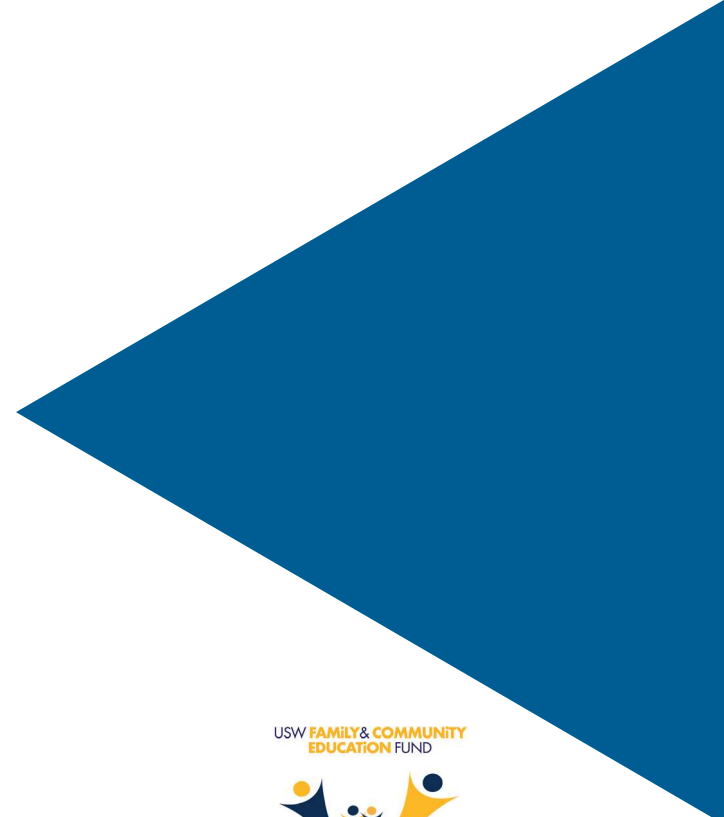


References listed at  
[www.dieselparticulateproject.com](http://www.dieselparticulateproject.com)

This brochure was revised September 2023.

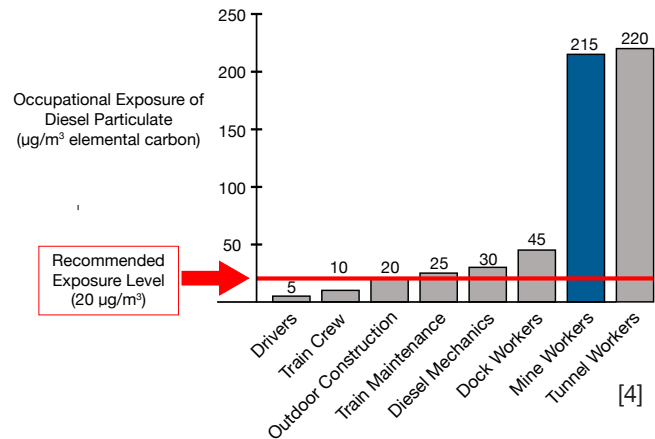


Let's Make 20 µg/m<sup>3</sup> the Limit!

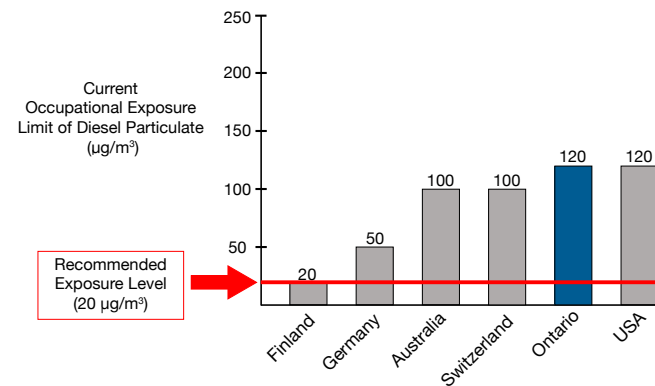


# You are being overexposed to harmful diesel particulates.

Mine workers are exposed to some of the highest levels of diesel particulates of Ontario workers.



This is because Ontario mines have some of the highest Occupational Exposure Limits in the world at 120 µg/m³.

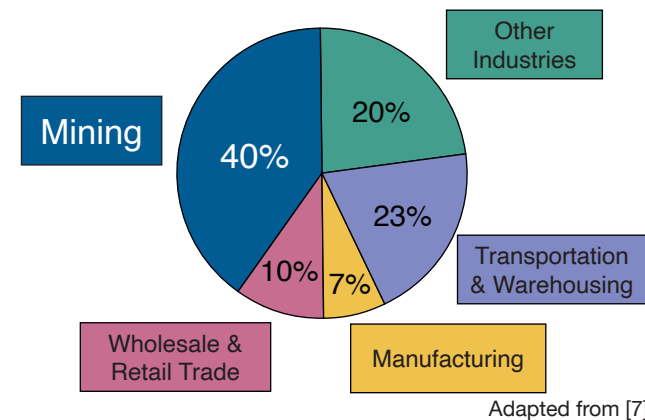


# Diesel particulates cause occupational disease.

The International Agency for Research on Cancer (IARC) classifies diesel particulates as Group 1. This category is for substances that are known to cause cancer in people.<sup>[4]</sup>

Research shows diesel particulate causes or contributes to: **lung and bladder cancer; lung diseases; heart and vascular diseases.**<sup>[6]</sup>

The mining industry has the highest rate of diesel exhaust-related lung cancer.



Diesel particulate exposure worsens symptoms from existing health conditions including: **diabetes; asthma and other lung diseases; high blood pressure, heart disease, and peripheral artery diseases.**<sup>[6]</sup>

Short-term exposure can cause: **headaches; dizziness; shortness of breath/asthma attack; nose, throat and eye irritation; productive cough and phlegm.**<sup>[6]</sup>

# The Government of Ontario must reduce the OEL for diesel particulate in mining.

**The goal is 20 µg/m³**  
(Elemental Carbon)

The Occupational Cancer Research Centre recommends an Occupational Exposure Limit (OEL) for diesel particulate emissions of 20 µg/m³ elemental carbon to protect miners' health and provide safe working conditions.<sup>[7]</sup> To truly protect workers' health, the OEL should be as low as reasonably achievable.

**Make the change happen!**

## What to do:

Attend the USW information session

Fill out a WSIB exposure form

Speak up about the risks of diesel particulate exposure

Speak to your worker health and safety rep or Joint Occupational Health and Safety Committee

Request that your exposure level be measured at work

**Learn more at:**

[www.dieselparticulateproject.com](http://www.dieselparticulateproject.com)